



Stanley Time Bank Times

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NUMBER 6

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- **Welcome to new Time Bank members and new Time Broker – Morag Roberts**
- **Keep the time bank requests coming.**
- **Volunteer drivers – a wee reminder to update your details**
- **Stanley Lunch Club – under new management!**

It's been a while since the last Time Bank newsletter. We've been saving all the news for this bumper edition.

Stanley Time Bank

New members: a very warm welcome to our 9 new members who joined during the summer of 2018. Time Bank membership now stands at 102. To date 5,968 hours have gone through the Time Bank since we launched over 5 ½ years ago. Amazing!

Recent exchanges: this summer's sunshine encouraged members to request help with outdoor activities such as gardening, dog walking, and litter picking. As well as meeting those requests Time Bank members helped with simple decorating, wildlife, sewing, metal work, odd jobs, lifts to hospital, and the Stanley Diaspora Tapestry of which more later.

New Time Broker: We also welcomed a new Time Broker, Morag Roberts. It's great to have you on the team, Morag.

Keep the time bank requests coming: remember if you give time to others but never ask for anything in return, then people who want and need to build up their own time credits don't have an opportunity to do so. The success of every time bank depends on people giving AND taking. All members need to do both as that keeps the time bank machine well oiled. Our Time Brokers are always delighted to receive your requests for help –contact details below.

Volunteer drivers: thank you to those drivers who have already responded to our email request for an update on your vehicle details. If you've been meaning to get round to doing this, IT'S NOT TOO LATE! Please contact Val Aldridge, Time Broker, by emailing broker@stanleydevelopmenttrust.org.

Stanley Lunch Club

Seasoned lunch club volunteers Linda Lennon and Rhona Feasby have taken over the reins from Laura Baird and now lead the volunteer team that organises the monthly lunch at the Tayside Hotel. This move is in keeping with SDT's philosophy of supporting the wellbeing of the local community through the encouragement and support of voluntary effort. Linda, Rhona and team are doing a great job. The lunch club attracts around 45 older people each month who enjoy a tasty two-course lunch in the company of others they may not see at any other time. New lunch clubbers and

▪ **SAVE THE DATE! SDT's AGM on 7th November 2018, 7pm, Stanley Village Hall**



Scottish Charity No.
SC040980

Company No SC345363

volunteers always welcome.

Stanley football pitch renovation

Thanks to partnership working with Perth and Kinross Council Stanley Development Trust secured an award of £9,924.00 from SUEZ Communities Trust (distributor of landfill taxes) and commissioned the recent renovation works to the football pitch in Stanley. The renovations will help to improve the drainage and provide a playable pitch for use by Stanley Primary School and the local football group which intends to re-establish a Stanley football team in time for the start of the 2019/20 football season.

Stanley Diaspora Tapestry Panel

Stanley Time Bank, admirably led by Time Broker and embroiderer Val Aldridge, was delighted to help this Historic Environment Scotland project by facilitating the initial research meetings, helping to recruit stitchers from the Time Bank and the wider community, and hosting stitching sessions at the weekly drop-in. Twenty stitchers were involved at the drop-in sessions. The stitchers gave 250 hours of their time to the tapestry. The lively, fun sessions brought people together and attracted a lot of interest and visitors.

The beautiful panel will be on display at SDT's AGM on 7th November 2018, 7pm, in Stanley Village Hall.

Stanley & District Men's Shed

Congratulations to the Men's Shed who after two years hard work have secured premises at East Range, Stanley Mills. Their 'shed' has a woodwork room, a metal work room, a computer room, and social space. Open every Tuesday and Thursday, 10am – 4pm. For more information contact Alex Cockburn on Stanley 828606. Visit their new website: www.stanleymen.org

Befriending Service – reducing loneliness

There was a wonderful response to the recent volunteer recruitment campaign for more befrienders. An introduction to befriending session was held on 18th October for the new volunteers. Offers of help and referrals to the service are always welcome. Please contact Laura Baird for more information.

Contact Us

Brokers by email broker@stanleydevelopmenttrust.org or phone Val on 828241 Fiona on 827952
Laura by email laura@stanleydevelopmenttrust.org or by phone on 07712 219261.

Keep up to date: visit the Time Bank pages @

www.stanleydevelopmenttrust.org