Stanley Time Bank Times

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Hello and welcome – we hope that you and your family are keeping safe and well.

Coronavirus – Time Bank Here to Help scheme

The Time Bank has come into its own in the past couple of weeks at this unprecedented time as a community resilience resource.

In response to the Coronavirus pandemic the Time Bank has teamed up with Stanley Store and Davidson's the Chemist to help deliver shopping and prescriptions to older and vulnerable people living in and around Stanley.

"Having the Time Bank in place already enabled us to organise our response to the Coronavirus situation very quickly," said Laura, SDT's Project Coordinator. "We were able to launch the Here to Help service in the middle of March and we've been busy with requests ever since."

There's been a wonderful response from Time Bank members and they have been joined by new members who very kindly came forward to help in the local community.

So far the Here to Help delivery volunteers have made around 25 deliveries to some of the most vulnerable people in the community.

Huge thanks go to the Here to Help delivery volunteers and to the Time Brokers for everything that they are doing to provide this important service. Together they are helping to ensure that older and vulnerable people shouldn't have to worry about getting their prescriptions and essential shopping needs met.

If Here to Help could help you or someone you know, or if you'd like to volunteer please contact a Time Broker.
Email: broker@stanleydevelopmenttrust.org

Phone: Val 828241 Fiona 827952 Laura 07712 219261

The Here to Help flyer is available on our website.
http://www.stanleydevelopmenttrust.org/wp-content/uploads/2020/03/flyer.pdf



Befriending Service on the telephone line

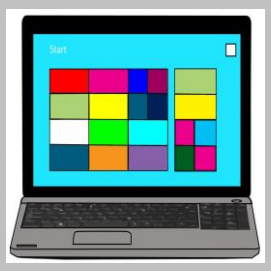
Loneliness and the need for social support are expected to increase during the Coronavirus lockdown. To help alleviate the situation all the current matches set up through the Stanley Befriending Service have moved from visits and outings to telephone befriending.

In addition, we are looking at the possibility of offering a friendly voice telephone service. If you have any experience of setting up or running this type of service, do get in touch – we'd love to hear from you.

Stanley Lunch Club keeps connected

The March lunch was cancelled due to the Coronavirus pandemic as are all the monthly lunches for the foreseeable future. Everyone is keeping in touch via the newly set up Lunch Club Telephone Tree.

On its first day the Telephone Tree volunteers were able to help a couple of lunch club participants who needed a prescription collected from the pharmacy.



Walking Group goes Zoom, Zoom!

The Stanley walking group is meeting on Zoom, Fridays 10am, for strength and balance exercises. Folk who would like to connect with the walking group should phone Anne on 828678 for details.



Contact Us

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Laura by email laura@stanleydevelopmenttrust.org or by phone on 07712 219261.

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